



PRIMARY SCHOOL SPORTS PROGRAMME

Sale Sharks Community Trust is offering primary schools an **exciting programme of activities** for the new academic year which comprises both sporting and classroom based sessions



INTRODUCTION

Sale Sharks Community Trust is offering primary schools a fantastic opportunity to work with a professional rugby club to provide a combination of sports sessions and sessions which use sport to teach wider curriculum subjects.

For the 2017/18 academic year, we have developed a package of activities to provide schools with curriculum activities, extra-curricular sessions for pupils alongside teacher CPD.

We know how important it is for schools to receive professional, reliable, fun, inspiring, high quality and cost effective sessions and strive to work with all our partner schools to achieve this.

Sale Sharks Community Trust was established in 2010 to help draw on the core values of rugby; teamwork, respect, enjoyment, discipline and sportsmanship, to deliver a range of community programmes across the North West. The aim of the Trust's work is to help change the lives of young people and to use rugby and sport as a way to educate and inspire.

The Trust has a dedicated team of staff who are highly qualified, but more importantly are experienced at working with pupils of all ages and abilities including pupils with a range of additional needs. During the last year, the Trust worked with around 150 schools and around 5,000 pupils.



BENEFITS OF WORKING WITH SALE SHARKS COMMUNITY TRUST

- A link with a professional rugby club that has an ethos based on strong core values
- Programmes linked to Ofsted outcomes across a range of subjects
- Working with professional and dedicated staff who have a range of NGB qualifications, first aid qualifications, equality and diversity training and health and safety qualifications. All staff have enhanced DBS checks and have received training around the safeguarding of children and vulnerable people.
- Links with local clubs to help create long term sustainable sporting pathways.
- A chance to represent Sale Sharks at the Premiership Rugby Final in May at Twickenham

PRIMARY SCHOOL SPORTS PROGRAMMES

The programmes that Sale Sharks Community Trust have put together offers schools curriculum lessons, both in PE and other subjects alongside extra-curricular activities.

Packages have been designed to help schools choose the best way for them to work with Sale Sharks, however, we are also happy to work with your school to develop a bespoke package to suit your school's needs.

Each programme runs for a half-term, a full term or the whole academic year. With the educational programmes each class will get two sessions, a classroom based session and a physical activity session.

TAG RUGBY COACHING

Our Tag Rugby programme is suitable for all ages in KS1 and KS2. The sessions give pupils the opportunity to get a better understanding of the game of Tag Rugby.

The Sharks' coaches tailor all sessions to individual needs within each class, to ensure every student is able to take part to their full ability.

Activities incorporate rugby games to develop a broad range of skills that are transferable to other sports, including catch, pass, evasion, and communication. Sessions are also designed to incorporate key skills including teamwork, and sportsmanship.



MULTI SPORT COACHING

Sharks Community Trust staff will create a bespoke multi-sports package to meet the needs and requirements of your individual school.

Our coaches will work in partnership with your school to help deliver activities to develop pupils' key movement and ABC skills (agility, balance and co-ordination). Sessions can be sport specific to fit in with the school games calendar, multi-sport, or multi-skill.

The coaches will plan high quality lessons to ensure pupils' fundamental skills are continually developed and challenged.



SHARKS ON WHEELS

Sharks Community Trust has a set of multi-purpose wheelchairs which can be used to deliver a range of multi-sport activities.

All sessions will be planned in conjunction with the school to help ensure they are tailored to suit the needs and abilities of those taking part. These sessions provide a unique opportunity to introduce students to a range of wheelchair sports that can be played by both disabled and non-disabled young people.

Sessions can include a variety of multi-sport skills, Wheelchair Tag Rugby and chair skills/chair based exercises.

PRIMARY SCHOOL SPORTS PROGRAMMES

SHARK BITE

Sharks' Healthy Eating programme, Shark Bite is designed to educate pupils about being healthy in order to tackle rising obesity rates. The programme, delivered over a half term looks at nutrition, physical activity, hygiene and why it is important to have a balanced diet and live a healthy lifestyle. The children will also learn how to choose, prepare and eat healthy food safely. In addition to the classroom session, pupils will look at the importance of physical activity outside during a weekly Tag Rugby session.



SHARKY'S SCHOOL OF JOURNALISM

Sharky's School of Journalism combines sports journalism and Tag Rugby to help improve literacy in Years 5 and 6. The programme looks at sports journalism through a professional sports club identifying different forms of writing including player interviews, programme articles and the safe use of social media. A number of pupils will be invited to a Sale Sharks home game to experience a day in the life of a journalist including sitting in the press box and attending the post-match interviews. Pupils will also get the chance to write a match review which will be uploaded on www.sale Sharks.com.

SCRUMBERS

Scrumbers is an innovative and engaging six week numeracy programme that makes learning about numbers fun and exciting. The programme uses rugby themed activities to cover key skills such as addition, subtraction, graphs and shapes alongside topics such as budgeting using the club shop as an example. Pupils will also take part in an outside Tag Rugby session which also helps to put numeracy skills to the test.

CHARACTER BUILDING

Our character building programme uses rugby's core values of teamwork, respect, enjoyment, discipline and sportsmanship, as a way of helping pupils with key issues and a way to help them develop and build character.

The programme has been designed to develop positive character traits such as resilience, grit, tolerance and honesty in young people, particularly at a time when they are facing key transitions, such as moving to secondary school. The programme includes a classroom session which focuses on different themes which will then run into the outdoor Tag Rugby session; such as a discussion on the importance of respect within the classroom and then how respect can be displayed on the sports field.



EXTRA-CURRICULAR ACTIVITIES

EXTRA CURRICULAR COACHING

Our lunchtime and after-school clubs are a great way of engaging pupils with additional sporting opportunities. For children who have a desire to increase their sporting ability, whatever their initial level, these clubs are a great way to develop skills and competence across a range of sports.

As well as achieving greater levels of fitness and health, our comprehensive programme of sports and activities can improve self-confidence, teamwork and good behaviour. Social skills are enhanced during these clubs, where children have the opportunity to experience new activities whilst forming friendships with other children.

Clubs will be run on a one coach per 15 pupils' ratio to ensure all the children get a good level of coaching and have as many opportunities as possible to get involved in the games and activities. Each club can have up to two coaches delivering so can be run with up to 30 children.

Schools can choose to fund these programmes through their School Sport Premium Payment or through charging individual pupils to take part.



SCHOOL CLUB LINK

All schools that work with Sale Sharks Community Trust on one of our Primary School Sports Programmes will automatically be enrolled on our School-Club Link programme for the academic year. All schools that are part of the School Club Link Programme will receive a framed certificate that can be displayed in school to acknowledge the partnership with Sale Sharks.

The Primary School Club Link Programme will include access to exclusive ticket promotions, coaching tips and techniques as well as a chance to win a visit by a first team player to your school.

Schools will also be partnered up with their local rugby clubs helping pupils to maintain and continue their sporting journeys.

WHAT TEACHERS SAY

The children really enjoy the sessions with Sale Sharks as they are fun, physically active and educational. The staff enjoy them and gain an insight in what they can do when they are teaching PE. Having some of the sessions led by a female coach has had a positive effect, and breaks down traditional stereotypes that Rugby is only for boys. The sessions have been a fantastic addition to our school curriculum and I would recommend them to any primary school.

Dan Jenkins, PE Co-ordinator,
St Andrew's Cof E School, Levenshulme



For further details about the Sale Sharks Primary Schools Programme or to book one of our packages, please contact Jo Edwards at jo.edwards@salesharks.com or telephone Jo on 0161 667 7518 or 07766 631321.



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