

SCHOOLS

2022-2023

Sharks Community Trust offers schools an exciting range of PE and classroom based programmes providing inspirational sessions linking the primary school curriculum to the North West's only professional Rugby union team



For more information, email: community@salesharks.com

WHY NOT USE YOUR PE AND SPORTS PREMIUM TO WORK WITH SALE SHARKS?

Sharks Community Trust offers primary schools across the North West a fantastic opportunity to work with the region's only Premiership Rugby team through a range of physical activity programmes and class based sessions which use sport to teach a wide range of curriculum subjects.

The Sale Sharks Schools' Programme uses the strong core values of Rugby union; teamwork, discipline, enjoyment, respect and the promotion of positive sporting behaviours to help engage children, teach them vital skills across the primary school curriculum and to help them lead healthy and active lives

The benefits of working with Sale Sharks;

- All sessions are delivered by qualified and passionate staff who are experienced in working with young people across a range of ages and abilities, including pupils with additional needs,
- All staff have undertaken safeguarding and first aid training and hold a valid DBS certificate.
- Opportunities to attend Sale Sharks matches and qualify for a visit from a current Sharks player.
- Opportunity to win free equipment for your school.

SCHOOL PE PROGRAMMES

There are a wide range of packages that have been designed for schools to pick the programme that is right for them. However we are always happy to talk to schools about a bespoke programme of activities.

TAG RUGBY

Our Tag Rugby programme introduces children from reception to Y6 to a safe and non-contact version of the game. Coaches ensure that sessions are tailored so that every child can participate fully and activities incorporate a range of games and skills that are easily transferable to other sports.

Sessions also incorporate other key skills including understanding the importance of teamwork, communication, respect and sportsmanship.

EXTRA CURRICULAR COACHING

As well as curriculum based sessions, Sharks staff working in schools can also deliver lunchtime clubs or after-school programmes to help pupils improve their sporting ability at all levels.

Extra-curricular activities provide a fun opportunity for pupils to improve skills across a range of sports which can help with team building, improving self-confidence and enhancing social skills as well as encouraging pupils to lead active lives outside of school lessons.

SHARKS ON WHEELS

Schools can choose from a range of sports including Wheelchair Tag Rugby and sitting volleyball and chair based skills which are particularly suited for pupils with SLD and MLD.

Using our own multi-purpose wheelchairs, Sharks staff can deliver a range of wheelchair sports suitable for all pupils including those with additional needs and those who want to be able to play together in an inclusive environment.

MULTI-SPORT

Our team of coaches will create a package in partnership with each school to help pupils develop the key skills of agility, balance and co-ordination (the ABCs).

These sessions are particularly suited to pupils in Reception and Year 1 but are also beneficial across Key Stage 1 and 2 to ensure pupils fundamental physical activity skills are developed and improved.

COMBINING PHYSICAL ACTIVITY SESSIONS WITH CURRICULUM SUBJECTS

LITERACY: SHARKY'S SCHOOL OF JOURNALISM

Sharky's School of Journalism combines sports journalism and Tag Rugby to help improve literacy. The programme focuses on journalism and media through a professional sports club including different forms of writing such as player interviews, programme articles and the safe use of social media. A number of pupils will be invited to a Sale Sharks home game to experience a day in the life of a journalist including sitting in the press area and attending post-match interviews. These skills are also built upon as part of the weekly sports session.

NUMERACY: SCRUMBERS

Scrumbers is an innovative and engaging six-week numeracy programme that makes learning about numbers fun and exciting. The programme uses rugby themed activities to cover key skills such as addition, subtraction, graphs and shapes alongside topics such as budgeting using the club shop as an example. Pupils will also take part in a weekly Tag Rugby session which helps to put numeracy skills to the test.

CITIZENSHIP: SHARKS VALUES

Rugby's core values are used as the basis of a six week programme, Sharks Values, to help pupils develop life skills and build their resilience. Each session focuses in turn on one of the core values including teamwork, respect, enjoyment, discipline and sportsmanship and these skills are emphasised as part of outside sports sessions.

MENTAL WELLBEING: TACKLE IT

Tackle It is a six week mental wellbeing programme which helps pupils develop strategies to help them deal with situations which may cause them stress and anxiety. This may include dealing with transitions to new schools, SATs, managing friendships and bullying and anxiety linked to the use of social media. These skills are also built upon as part of the outside Tag Rugby sessions.

HEALTHY LIFESTYLES: SHARK BITE

Shark Bite is a healthy eating programme designed to educate pupils about healthy eating and healthy lifestyles. The six week programme covers nutrition, physical activity, hygiene and why it is important to have a balanced diet and live a healthy lifestyle. The children will also learn how to choose, prepare and eat healthy food safely. In addition to the classroom session, pupils will look at the importance of physical activity during the accompanying weekly Tag Rugby session.

ENRICHMENT & DISABILITY AWARENESS DAYS

Our enrichment days and disability awareness days provide a full day of activity at your school. The enrichment days provide a great introduction to children who have never played Tag Rugby before and who would like to give the game a try using a non-contact version of the game, or to classes that have tried some rugby and who would like to develop their skills further.

Disability Awareness Days are comprised of a full day of activity choosing two of the following fun activities; Wheelchair Tag Rugby (Sharks on Wheels), Inclusive Tag Rugby, Walking Rugby, VI/Blind Rugby, Goalball and Sitting Volleyball. These days are suitable for all pupils including those with additional needs and schools who would like to increase awareness around disability.

Both days also include an assembly which provides a great introduction into rugby and Sale Sharks.

PROGRAMMES

HALF DAY: £550 (£650 if 'Sharks on Wheels')

Sports based session: 2 classes x 1 hour session per week (Multi Sports / Tag Rugby / Sharks on Wheels)

Classroom based session: 1 class x 1 hour sport based session (Multi Sports / Tag Rugby / Sharks on Wheels) plus 1 hour classroom session of curriculum subject choice (2 hours in total per week)

FULL DAY: £1000

Sports based session: 4 classes x 1 hour session per week (Multi Sports / Tag Rugby) includes lunchtime or after-school club

Classroom based session: 2 classes x 1 hour sport based session (Multi Sports / Tag Rugby) plus 1 hour classroom session of curriculum subject choice (2 hours in total per week) includes lunchtime or after-school club

£1200 - 'Sharks on Wheels' (up to 5 classes x 1 hour session per week, includes lunchtime or after-school club)

FULL SCHOOL YEAR: £6,000 (1 Sharks coach x 1 full day delivery x 6 school terms, includes lunchtime or after-school club)

HALF TERM: extra-curricular sessions - £210 (6 x 1 hour session at lunch time or after school) (bolt-on to a programme)

DISABILITY AWARENESS DAY £480 - (2 Sharks coaches x 1 full day delivery)

ENRICHMENT DAY £210 - (1 Sharks coach x 1 full day delivery)



CONTACT

For further information about the Sharks Schools Programmes or to book one of our packages, please contact:

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