



Walking Rugby Legacy Sessions now operated by Host Clubs

- **Mondays:**
Eccles RFC 7pm-8.30pm
Hoylake RUFC 7pm-8.30pm
Lymm RUFC 7pm-8.30pm
Northwich RUFC 7pm-8.30pm
West Park RFC 7pm-8.30pm
- **Tuesdays:**
Winnington Park RFC 6.30pm-8pm
Oldershaw RUFC 7pm-8.30pm
- **Wednesdays:**
Aldwinians RUFC 6.30pm-8pm
Halifax RUFC 6.30pm-8pm
Sandbach RUFC 6.30pm-8pm
Chester RUFC 7pm-8.30pm
Manchester RUFC 7pm-8.30pm
Trafford MV RFCC 6.30pm-7.30pm
- **Thursdays:**
Wythenshawe RUFC 6pm-7pm
Macclesfield RUFC 7pm-8.30pm
Moore RUFC 7pm-8.30pm
Stoke RUFC 7pm-8.30pm